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## ONBOARDING GAMES

## Meal Sharing





Welcome to the exciting world of Meal Sharing - a unique and engaging way to strengthen bonds within our team. This guide will walk you through what Meal Sharing is, its benefits, and how we can implement it. What is Meal Sharing? Meal Sharing is a simple yet powerful onboarding activity where employees come together to share meals. It's about enjoying diverse cuisines and conversations in a relaxed setting. Why does Meal Sharing work? Meal Sharing fosters a sense of community and belonging. It breaks down barriers, encourages informal networking, and promotes cultural exchange. **How to implement Meal Sharing?** ☐ Scheduled Lunches: Regularly organized group lunches where team members can mingle. ☐ Potluck Days: Employees bring dishes to share, showcasing culinary skills and cultural heritage. ☐ Cook-Off Challenges: Friendly cooking competitions to engage everyone in a fun and creative way. ☐ Theme-Based Meals: Organizing meals around specific themes or cuisines to explore new tastes together. ☐ Dinner with Leadership: Opportunities for employees to have dinner with company leaders, facilitating open dialogue and stronger connections across different levels



of the organization.

Ш	Outdoor Picnics or BBQs: Casual outdoor gatherings that
	offer a change of scenery and a relaxed atmosphere for
	team bonding.
	Lunch and Learn Sessions: Combine mealtime with
	learning opportunities, where team members can share
	knowledge or external experts are invited to speak on
	various topics.
	Global Cuisine Days: Each month, a different cuisine from
	around the world is featured, encouraging exploration and
	appreciation of diverse food cultures.

In conclusion, **Meal Sharing** is not just about the food; it's about the stories, laughter, and memories we create together. It's an opportunity for each member of our family to share a piece of themselves, fostering a deeper sense of belonging and unity. We look forward to seeing the unique flavors each new member brings to our table.

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