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# **MANAGER'S HACKS**

## **Personality Tests**



## **Personality Tests**

Dive into the intriguing universe of personality tests, where the complexities of human nature are unraveled, one question at a time. These tools, ranging from the scientifically robust to the entertainingly whimsical, offer insights into the fabric of our being, influencing everything from career choices to interpersonal relationships.

### **The Purpose behind Personality Tests**

Personality tests are more than just quizzes; they're windows into the soul. They aim to systematically evaluate the characteristics and traits that define us as individuals. Whether it's for professional development, team building, or personal growth, these tests provide a structured way to understand what makes us tick.

### **Top 5 Personality Test for yourself**

- The Myers-Briggs Type Indicator (MBTI):** One of the most popular tools, the MBTI categorizes individuals into 16 personality types based on preferences in four areas: Introversion/Extraversion, Sensing/Intuition, Thinking/Feeling,



and Judging/Perceiving. It's like having a roadmap to understand how people perceive the world and make decisions.

<b>Myers Briggs Personality Types</b>			
<b>ISTJ</b> Practical, reserved, insensitive and judgmental	<b>ISTP</b> Independent, confident, insensitive and gets bored easily	<b>ISFJ</b> Sensitive, practical, neglects their own needs and dislikes change	<b>ISFP</b> Peaceful, quiet, reserved and dislikes conflicts
<b>INFJ</b> Compassionate, creative, overly sensitive and holds high expectations from others	<b>INFP</b> Loyal, devoted, idealistic and tends to take things personally	<b>INTJ</b> Hardworking, self-confident, judgmental and overly analytical	<b>INTP</b> Logical, objective, insensitive and have problems following rules
<b>ESTP</b> Resourceful, observant, impulsive and dramatic	<b>ESTJ</b> Practical, realistic, insensitive and argumentative	<b>ESFP</b> Resourceful, practical, impulsive and gets bored easily	<b>ESFJ</b> Organized, loyal, needy and controlling
<b>ENFP</b> Enthusiastic, creative, gets stressed easily and struggles to follow rules	<b>ENFJ</b> Empathetic, affectionate, indecisive and manipulative	<b>ENTP</b> Innovative, creative, insensitive and unfocused	<b>ENTJ</b> Organized, confident, impatient and stubborn

- **The Big Five Personality Traits:** Often considered the gold standard in psychology, this model assesses individuals based on five broad dimensions: Openness, Conscientiousness, Extraversion, Agreeableness, and Neuroticism (OCEAN). It's akin



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to getting a comprehensive blood panel done, but for your personality.

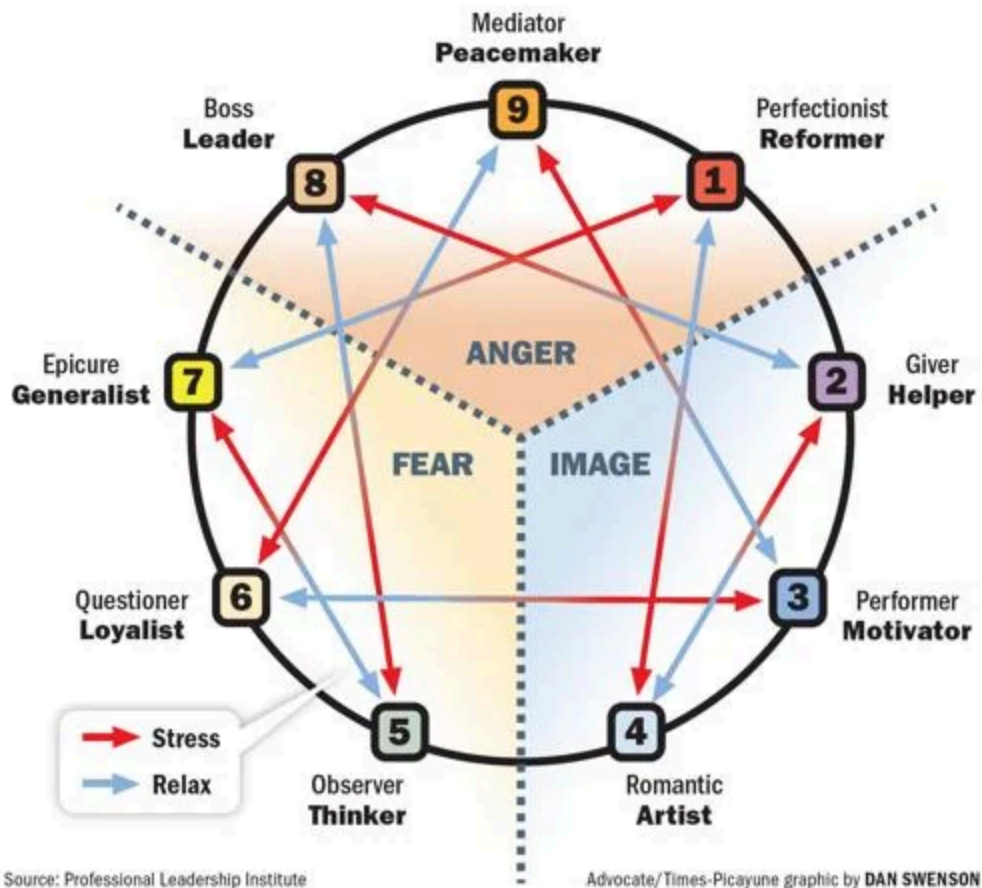


- **The Enneagram:** A tool that identifies personality types based on nine interrelated personalities. It's not just about who you are but also about why you are the way you are, offering a deep dive into the motivations, fears, and desires that drive behavior.



## The Enneagram

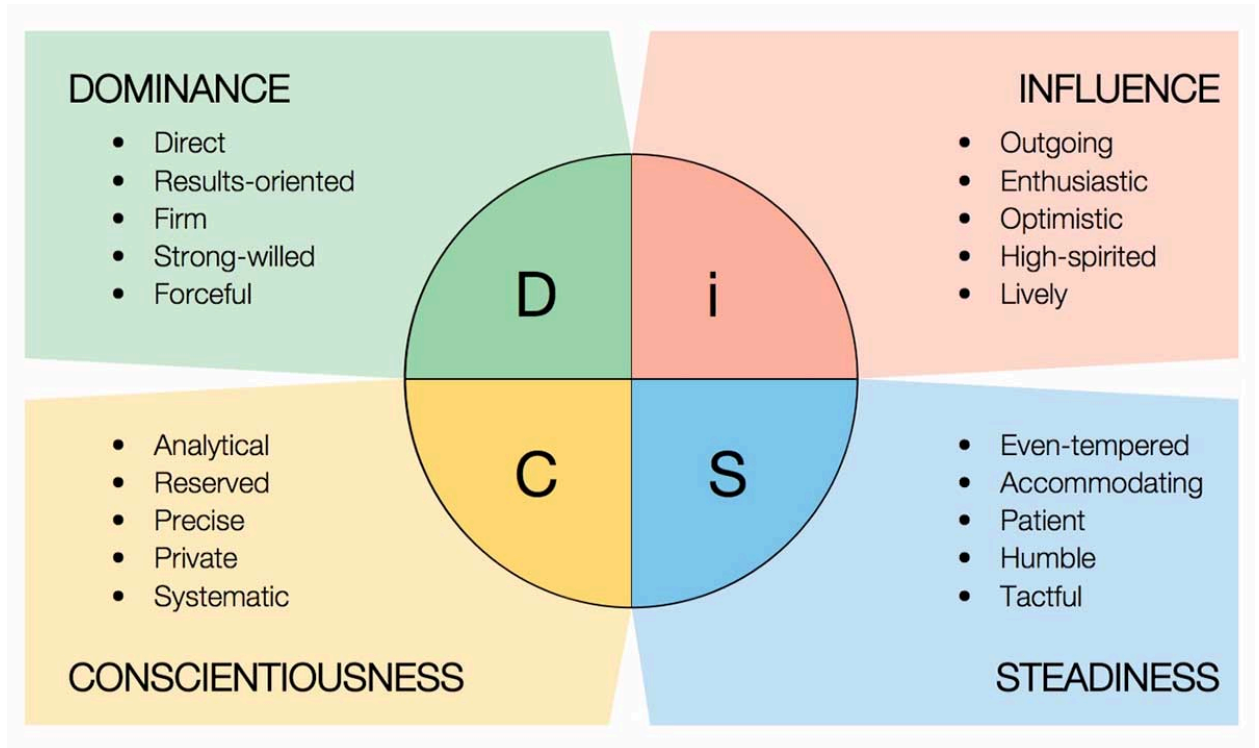
The popular personality system is divided into nine basic personality types.



- **The DISC Assessment:** Focused on understanding behavior in specific environments, DISC categorizes personalities into four types: Dominance, Influence, Steadiness, and Conscientiousness. It's like having a behavioral GPS for navigating work and relationships.

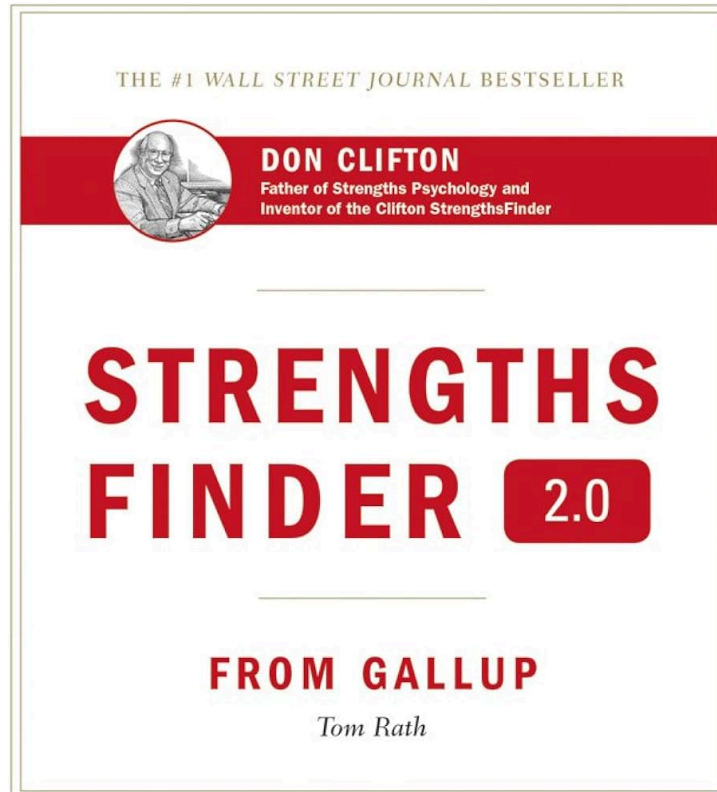


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- **StrengthsFinder:** Aimed at uncovering your top strengths, this assessment moves beyond what you are to illuminate what you do best, encouraging individuals to build on their natural talents.





Personality tests are more than just a momentary curiosity; they're a journey into the heart of what makes us unique. By embracing this journey, we open ourselves up to deeper understanding and connection with both ourselves and others. So, whether you're looking to uncover hidden aspects of your personality, improve your career, or simply seeking a fun way to pass the time, the world of personality tests offers endless possibilities for exploration.



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