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# FREE TRAININGS

Egg 🥚 Drop Challenge
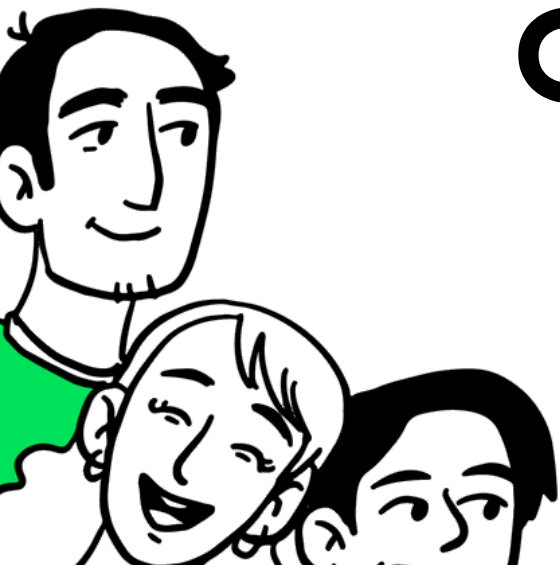
Introduction

Brief Overview
Welcome to the <mark>Egg Drop Challenge</mark>! It's time to get those creative juices flowing and teamwork gears turning. Prepare for an exciting journey of innovation, strategy, and, well, a little bit of mess.

Purpose
This isn't just about dropping an egg; it's a lesson in physics, engineering, and collaboration. The goal is simple yet challenging: create a device that will protect a raw egg from a high fall. Ready to crack the code without cracking the egg?
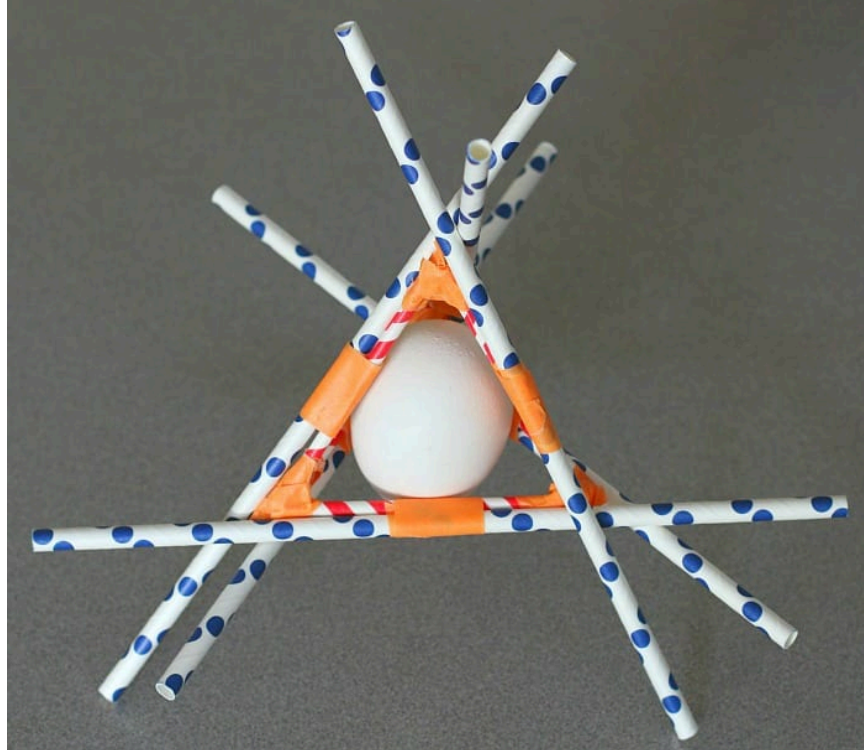
Materials Needed

List of Materials

- 1 raw egg per team
- Various recycling materials (paper, bubble wrap, straws, strings, thermocol, etc.)
- Tape
- Scissors

Visual Aids

- Instructional slides with rules and creative egg-protecting contraptions
- A countdown timer for added suspense

Ideal Participants

This egg-citing challenge is perfect for individuals of all ages, making it ideal for students, professionals, and organizations. It's a cracking good way to promote out-of-the-box thinking, enhance collaborative skills, and introduce fun into agile project management principles.

Training Flow & Timeline

Total Duration: 1 hour of egg-tastic fun and learning

Time Breakdown for Egg Drop Challenge

- 5 minutes for welcome and rule explanation
- 30 minutes for design and construction
- 5 minutes for the drop
- 15 minutes for discussion and learning reflection
- 5 minutes for wrap-up and next steps

Rules for the Egg Drop Challenge

- **The Protection Goal:** Your contraption must protect the egg from a predetermined height.
- **Material Limits:** Teams can only use materials provided.
- **Time Constraint:** You have 30 minutes for construction. When the time's up, hands off!
- **Egg Integrity:** The egg must remain unaltered. No hard-boiling allowed!

Step-by-step Guide to Egg Drop Challenge

Step 1: Team Formation
Activity: Gather into teams and distribute materials.
Time: 5 minutes

Step 2: Design Phase
Activity: Sketch and plan your egg-protecting device.
Time: 10 minutes

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Step 3: Construction

Activity: Build your egg-saving masterpiece.

Time: 20 minutes

Step 4: The Drop

Activity: It's time to put your design to the test.

Time: 5 minutes

Step 5: Outcome Observation

Activity: Examine which eggs survived and why.

Time: 10 minutes

Step 6: Learnings Unveiled

Activity: Discuss the engineering and teamwork strategies that led to success.

Time: 5 minutes

Step 7: Celebration

Activity: Applaud the ingenious designs and teamwork.

Time: 5 minutes

Key Learnings & Takeaways

Discover the importance of planning, creativity, and teamwork in protecting your fragile cargo. It's not just about surviving the fall but about rising to the challenge together.

Next Steps

Take the creative and collaborative skills back to your daily tasks. Challenge another team or try a higher drop next time!

Feedback

Loved it? Learned something new? Your feedback helps us improve and innovate on our fun challenges.

Cheating

Remember, bending the rules might crack more than just an egg. Let's keep it fair and fun for everyone. Creative solutions within the rules are encouraged and celebrated!

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